

cream

a cooler blend of pop culture

MAY / JUNE / JULY 2009
AUSTRALIA \$11 (incl. GST)
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Bright young thing

Alt-music's
Lisa Mitchell
talks lyrics,
lust and lurve

THE NEW FOLK REVIVAL

Bon Iver leads the
postmodern hippy revolution

CRISIS? WHAT CRISIS?

Why we're drinking more
in tougher times

THE MUSIC IS MOVIN'

How music on your mobile
is replacing the iPod

ECO-TRAVEL SPECIAL

Budget vacations to
eco-friendly destinations

HEAVEN SCENT

Seven studs wearing nothing
but their favourite fragrance

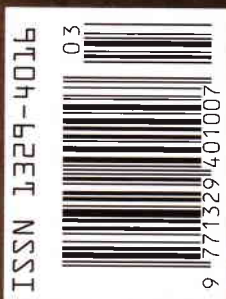
5 FREE DOWNLOADS

See inside for your
free MP3s by the
Yeah Yeah Yeahs,
Lost Valentinos,
Little Birdy, Elbow
and Phrase

see page 89

plus

ANIMAL COLLECTIVE
PET SHOP BOYS
THE DEARS
FEVER RAY
DEPECHE MODE
LITTLE BOOTS
MSTRKRFT
RAZORLIGHT
MATT WESTON
RUSSELL BRAND
& 26 PAGES OF HOT
WINTER FASHION



OZ IDOL TO INDIE DARLING
LISA MITCHELL PHOTOGRAPHED BY
ANGELO KEHAGIAS

It takes more
than the bean
to set the
scene...



Photography: Eve Fernandez

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It'd Beer Healthy Change

The **Burleigh Brewing Company** recently delivered an ultimatum to the nation, asking our star breweries to create a better 'no carb' beer than its own. This burly batch of beer aficionados stand by their product, boasting not only a brew that is completely void of carbohydrates but one that is full bodied and full flavoured. They've called it Bighead (the nickname for Burleigh Heads, where it's made) and it's available in six-pack and case-form from all good bottles. Well worth the price tag (around \$50 a carton) and worth the weight left off the mid section. For more information visit www.burleighbrewing.com.au. **Nic Campbell** *U/cr*



The Sweetest Thing

Indulge your sweet tooth in Heart Foundation accredited bliss. Sweet Infinity in Woolloomooloo, Sydney, serves all manner of delicious pastry creations guaranteed to make your mouth water, while going easier on the ticker than most desserts. So impressed are customers with head chef Leanne Beck's chocolate brownies, she's forced to bake about 400 of them a week! High profile customers such as Russell Crowe have been spotted dining in the boutique patisserie which also proffers rich chocolate mousses, caramel slices, tiramisu, and custard berry tarts. Situated at 53 Riley Street, Woolloomooloo. Phone (02) 9331 2448 or visit www.sweetinfinity.com.au for the full menu. **Zachary Bayly** *U/cr*

RELISH & QUENCH

Cool Kitchen Addition



Shown off at DesignEx 2009, the Izona CoolDrawer by Fisher & Paykel transforms food care as you know it, providing five different storage settings to keep food fresher, longer. At the touch of a button, the user selects 'freezer', 'chill', 'fridge', 'pantry' or 'wine' modes, to keep everything from frozen goods to fine wine at the best possible temperature. We love the idea of pantry mode in summer for bread, bananas and tomatoes – foods that might otherwise perish quickly if left out on the kitchen bench. And how's this for spatial economy? CoolDrawer takes the same space as an underbench drawer and can be seamlessly integrated with surrounding cabinetry. For more information visit www.tomorrowkitchen.com.au.

Antonino Tati *U/cr*

Now You See It...



Eating chocolate needn't be a guilty pleasure. Especially now that half its packaging can disappear into thin air rather than end up in the earth as landfill. Don't believe us? Plantic Technologies have developed a biodegradable plastic made from corn starch that rapidly dissolves in water. Companies cottoning on to the smart packaging include Haighs, Lindt & Sprungli and that old favourite, Cadbury. Try it for yourself. Next time you've polished off a box of Cadbury Milks, take the tray out and drop a little water onto it. Magically the plastic disappears! Easter eggs this year generated around 1200 tonnes of waste in Australia alone. Now if all of these eggs were packaged in Plantic material, enough energy would be saved to power 350,000 homes for a weekend. Think about that next time you're choosing your chocky. **Lisa Andrews** *U/cr*

Cadbury chocolates (dissolvable tray not pictured).